

Pointers

A trusty knitted armwarmer to keep your wrists warm on cold nights and point you in the right direction.

The arrow design is shaped with minimal cables, making this an easy introduction to twisted stitch cabling.

Techniques: Knitting in the round on double pointed needles, cabling, binding off stitches mid-row, casting on stitches mid-row (cable cast-on suggested).

Needles: 3.5 mm dpns or size needed to obtain gauge

Yarn: Any solid double knitting (dk) weight yarn that provides good stitch definition will work. Yarns with a pronounced halo (like mohair) or novelty yarns will not showcase the arrow design as well.

Choose a yarn that will give you a fairly tight fabric at the gauge listed below. This will help ensure that the cable stitches come out neatly.

I used one ball of Eco Sirdar (100% wool; 109 yards/100 m per 50 g ball).

Additional materials: 2 stitch markers, cable needle

Yardage: Approximately 100 yards

Gauge: 21 stitches and 29 rows = 4 inches in stockinette stitch in the round

Finished dimensions:

Length: 8 inches

Circumference 7 inches

This pattern fits a medium-sized women's hand with a bit of ease, or a large hand snugly. For tips on adapting the pattern to change the size, see page 5.

Using this pattern: This pattern provides written instructions for the entire armwarmer, plus charted instructions for the arrow design. Start by working

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rounds 1-6 for the cuff, and then switch to working the chart for the arrow panel if preferred, following the directions for inserting the thumbhole on rounds 39-40. Once the chart is completed, return to the written instructions starting with round 51.

Stitches:

CO: Cast on

BO: Bind off

k1: knit one

p1: purl one

S2KP: Slip two stitches together as if to k2tog, knit 1 stitch, pass slipped stitches over. This creates a centred double decrease. I found this video from

KNITFreedom helpful when learning this decrease: <http://youtu.be/WJhiJZ2pdK8>

C2FP: Cable 2 Front Purl: Slip next stitch onto cable needle and hold to front, purl one, knit one from cable needle

C2BP: Cable 2 Back Purl: Slip next stitch onto cable needle and hold to back, knit one, purl one from cable needle

m1: make one purlwise by lifting the strand of yarn between the two stitches onto your left needle, and purling it through the back loop

k1tbl: knit one through back loop

pm: place marker

Directions

Left hand:

CO 38 stitches

Distribute stitches evenly among needles, and join to knit in the round, placing marker to indicate the beginning of round.

Cuff:

Round 1: k1, p1, repeat to end

Rounds 2-6: repeat round 1

Set up round:

Round 7: k23, pm, p15

Begin arrow panel:

(if using charted instructions, k to marker on each round, and then follow the chart until the end of that round)

Round 8: k to marker, p to end of round

Round 9-10: Repeat round 8

Round 11: k to marker, p3, m1, p4, k1tbl, p4, m1, p3 (40 stitches)

Round 12: k to marker, p3, k1tbl, p4, k1tbl, p4, k1tbl, p3
Round 13: k to marker, p3, C2FP, p3, k1tbl, p3, C2BP, p3
Round 14: k to marker, p3, m1, p1, k1tbl, p3, k1tbl, p3, k1tbl, p1, m1, p3 (42 stitches)
Round 15: k to marker, p3, k1tbl, p1, C2FP, p2, k1tbl, p2, C2BP, p1, k1tbl, p3
Round 16: k to marker, p3, C2FP, p1, k1tbl, p2, k1tbl, p2, k1tbl, p1, C2BP, p3
Round 17: k to marker, p4, k1tbl, p1, C2FP, p1, k1tbl, p1, C2BP, p1, k1tbl, p4
Round 18: k to marker, p4, C2FP, p1 k1tbl, p1, k1tbl, p1, k1tbl, p1, C2BP, p4
Round 19 k to marker, p5, k1tbl, p1, C2FP, k1tbl, C2BP, p1, k1tbl, p5
Round 20: k to marker, p5, C2FP, p1, S2KP, p1, C2BP, p5 (40 stitches)
Round 21: k to marker, p6, k1tbl, p1, k1tbl, p1, k1tbl, p6
Round 22: k to marker, p6, C2FP, k1tbl, C2BP, p6
Round 23: k to marker, p7, S2KP, p7 (38 stitches)
Round 24-38: k to marker, p7, k1tbl, p7

Make thumbhole:

Round 39: k to 6 stitches before marker, BO 5 stitches purlwise, slip marker, p4, m1, p3, k1tbl, p3, m1, p4 (35 stitches)
Round 40: k to bound off stitches, CO 5 stitches using cable cast on, k1, p4, k1tbl, p3, k1tbl, p3, k1tbl, p4 (40 stitches)

Continue arrow panel:

Round 41: k to marker, p4, C2FP, p2, k1tbl, p2, C2BP, p4
Round 42: k to marker, p5, k1tbl, p2, k1tbl, p2, k1tbl, p5
Round 43: k to marker, p5, C2FP, p1, k1tbl, p1, C2BP, p5
Round 44, k to marker, p6, k1tbl, p1, k1tbl, p1 k1tbl, p6
Round 45: k to marker, p6, C2FP, k1tbl, C2BP, p6
Round 46: k to marker, p7, S2KP, p7 (38 stitches)
Round 47: k to marker, p7, k1tbl, p7
Round 48-49: k to marker, p to end

Finish hand:

Round 50-54: k to end of round

Finishing:

BO purlwise. Weave in ends.

Right hand:

Work as for left hand, except work rounds 39-40 as follows:

Round 39: k3, BO 5 stitches, k to marker, p4, m1, p3, k1tbl, p3, m1 p4 (35 stitches)

Round 40: k3, CO 5 stitches using cable cast on, k to marker, p4, k2tbl, p3, k1tbl, p3, k1tbl, p4 (40 stitches)

Continue as for left hand.

49	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	49
48	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	48
47	•	•	•	•	•	•	•	□	•	•	•	•	•	•	•	•	•	•	47
46	•	•	•	•	•	•	•	Δ	•	•	•	•	•	•	•	•	•	•	46
45	•	•	•	•	•	•	⌞	⌞	□	⌞	⌞	•	•	•	•	•	•	•	45
44	•	•	•	•	•	•	□	•	□	•	□	•	•	•	•	•	•	•	44
43	•	•	•	•	•	•	⌞	⌞	•	□	•	⌞	⌞	•	•	•	•	•	43
42	•	•	•	•	•	•	□	•	•	□	•	•	□	•	•	•	•	•	42
41	•	•	•	•	•	•	⌞	⌞	•	•	□	•	•	⌞	⌞	•	•	•	41
40	•	•	•	•	•	•	□	•	•	□	•	•	□	•	•	•	•	•	40
39	•	•	•	•	•	M	•	•	•	□	•	•	•	•	M	•	•	•	39
38	•	•	•	•	•	•	•	•	•	□	•	•	•	•	•	•	•	•	38
37	•	•	•	•	•	•	•	•	•	□	•	•	•	•	•	•	•	•	37
36	•	•	•	•	•	•	•	•	•	□	•	•	•	•	•	•	•	•	36
35	•	•	•	•	•	•	•	•	•	□	•	•	•	•	•	•	•	•	35
34	•	•	•	•	•	•	•	•	•	□	•	•	•	•	•	•	•	•	34
33	•	•	•	•	•	•	•	•	•	□	•	•	•	•	•	•	•	•	33
32	•	•	•	•	•	•	•	•	•	□	•	•	•	•	•	•	•	•	32
31	•	•	•	•	•	•	•	•	•	□	•	•	•	•	•	•	•	•	31
30	•	•	•	•	•	•	•	•	•	□	•	•	•	•	•	•	•	•	30
29	•	•	•	•	•	•	•	•	•	□	•	•	•	•	•	•	•	•	29
28	•	•	•	•	•	•	•	•	•	□	•	•	•	•	•	•	•	•	28
27	•	•	•	•	•	•	•	•	•	□	•	•	•	•	•	•	•	•	27
26	•	•	•	•	•	•	•	•	•	□	•	•	•	•	•	•	•	•	26
25	•	•	•	•	•	•	•	•	•	□	•	•	•	•	•	•	•	•	25
24	•	•	•	•	•	•	•	•	•	□	•	•	•	•	•	•	•	•	24
23	•	•	•	•	•	•	•	•	Δ	•	•	•	•	•	•	•	•	•	23
22	•	•	•	•	•	•	⌞	⌞	□	•	□	⌞	⌞	•	•	•	•	•	22
21	•	•	•	•	•	•	□	•	□	•	□	•	•	□	•	•	•	•	21
20	•	•	•	•	•	•	⌞	⌞	•	Δ	•	□	⌞	⌞	•	•	•	•	20
19	•	•	•	•	•	•	□	•	⌞	⌞	□	⌞	⌞	□	•	•	•	•	19
18	•	•	•	•	•	•	⌞	⌞	•	□	•	□	•	□	⌞	⌞	•	•	18
17	•	•	•	•	•	•	□	•	⌞	⌞	•	□	•	⌞	⌞	□	•	•	17
16	•	•	•	•	•	•	⌞	⌞	□	•	□	•	□	•	⌞	⌞	•	•	16
15	•	•	•	□	•	⌞	⌞	•	•	□	•	•	⌞	⌞	•	□	•	•	15
14	•	•	•	M	•	□	•	•	•	□	•	•	•	□	•	M	•	•	14
13	•	•	•	•	⌞	⌞	•	•	•	□	•	•	•	⌞	⌞	•	•	•	13
12	•	•	•	•	□	•	•	•	•	□	•	•	•	□	•	•	•	•	12
11	•	•	•	•	M	•	•	•	•	□	•	•	•	□	•	M	•	•	11
10	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	10
9	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	9
8	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	8

•	pur1
□	k1tbl
Δ	S2KP
M	make 1 pur1wise
⌞	⌞ C2BP
⌞	⌞ C2FP

Chart is read from right to left, beginning at Round 8.

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Tips for customizing size

This pattern should fit a medium-sized women's hand with a bit of ease, or a large hand snugly. If you prefer a not-so-snug fit, or you are knitting for larger or smaller hands, here are some tips for customizing the size of the pattern.

Changing yarn weight: Going up to worsted weight or down to fingering weight yarn will increase or decrease the size respectively. The key to keep in mind when changing yarn weight is that you still want to use needles that are two or three sizes smaller than what would normally be recommended for that yarn. The tight gauge helps the cable design pop: a loose gauge will make the cabled diagonals look sloppy.

Increasing the number of stitches: If your gauge matches the one used for the pattern, there are just over 5 stitches in an inch. Use this number to calculate how many stitches you'd like to add or subtract to get the right fit for you. The circumference for the pattern as written is 7 inches.

The easiest way to alter the number of stitches without messing with the placement of the thumbhole is to add or subtract from the purl stitches that border the arrow. For example, for a larger armwarmer, cast on extra stitches in multiples of two. For each multiple of two, add an extra purl stitch at the beginning and end of the arrow panel. For a smaller armwarmer, you can remove up to 4 purl stitches (2 on each side, almost an inch) from the panel without compromising the pattern.

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